

Our home is hearing loss aware



Turn your face towards me when you're speaking, so I can read your lips.



Remember, if my back is turned or if I can't see you, I may not be able to hear you.



Take care not to cover your mouth when speaking to me.



Step into the light, so that I can see your face more clearly.



Speak clearly, not too slowly. Use normal lip movements, facial expressions and gestures.



Use plain language and avoid talking for long lengths of time without pauses.



Check in to make sure I've understood what you're saying.



Please check if I'm seated in the best possible position for me to follow discussions.



Be mindful of background noise, which makes it harder to hear.



If I don't appear to understand what you've said, try saying it in a different way.



If rephrasing doesn't work, write down keywords.



Make sure only one person is talking at a time.